

Physical Activities Group:

Beaverdam Bird Sanctuary and

Beaverdam Lake Outing

-Brought to you by A.A.U. A.T.U.-



when?

Sunday, April 30th
2 pm - 4 pm

who? (all ages & abilities)

Calling all members
& potential members
of the A.U. community

what?

We are going to have our first outing for 2017 at the lovely Beaverdam Bird Sanctuary in Asheville. We will enjoy a picnic first at the sanctuary and then enjoy a beautiful walk around the lake. Please pack your lunch for this event and make sure to bring plenty of water or hydration. This is an easy level (almost) 2 mile walk/stroll around the lake and we will do as many laps as the group wants to or that time allows. If you do not want to walk around the lake, you can stay behind with others who feel the same and hang out at the Bird Sanctuary. You can also bring your dogs!

where?

We will meet and park our cars at the Beaver Lake Bird Sanctuary (5056 Merrimon Ave AVL NC) parking lot where there is plenty of parking. There is also a suggested \$1 parking donation fee (cash only). The picnic tables are on the right as you drive into the parking lot. The group will be meeting at the picnic tables and eating lunch first before we walk around the lake and/or sanctuary. We will leave a

Contact - Danny Landry: <http://autisticsunited.com/>

wncaspergersunited@gmail.com (828)206-4418

www.meetup.com/AspergersAdultsUnited

www.facebook.com/groups/AspergersAdultsUnited

www.facebook.com/groups/AspergersTeensUnited

<http://www.meetup.com/Asperger-s-Teens-United-A-T-U/>

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sign at the picnic table once we have started our walk around the lake (specifically for anyone who is late).

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